

## WOMEN IN BUSINESS

**A SPRING PAMPER DAY – Thursday 30<sup>th</sup> April 2009**

***“Put the spring back in your step!”***

Why not treat yourself to a wonderful day full of complete rest and relaxation at Eastwell Manor this Spring. We have arranged a block booking for a maximum of 20 people to enjoy a Spa Day which will include:

- Full use of the facilities (Pool, Steam room, Sauna room, Jacuzzi, Hydrotherapy pool, gym)
- A treatment of your choice (see below)
- 2 course lunch in the Brasserie.

Cost of the day is just **£99**. (If you would like 2 treatments, the cost would be £128.)

Treatments to choose from are:

- Manicure, Pedicure, Pick me up facial, Half hour massage, Body exfoliation, Air brush tan

The day will start with coffee & croissants, followed by a brief tour. During the morning you are free to sample all the facilities on offer, then enjoy a 2 course lunch at 12 noon, followed by the treatment(s) of your choice during the afternoon (of course you can still use the facilities again), and take time out relaxing in Silks Lounge where complimentary tea and coffee is available.

Places are on a first come, first served basis. Please let Alexia Padgham know if you would like to come along by emailing her at [alexia@yourva.co.uk](mailto:alexia@yourva.co.uk) by **29<sup>th</sup> March**. Alexia will confirm names to Eastwell, and provide you with a reference number and phone number to call Eastwell in order that you can make your own payment and book your chosen treatment(s).

**Go on – you deserve it!**